

# The Heartbeat

## Your Monthly Pulse on Neighborhood Life

A HEART Communities Newsletter — January 2026

Where the Homeowner is the Heartbeat of the Neighborhood



**Got questions or ideas? Email us at**  
[HEART@LocaleCommunity.com](mailto:HEART@LocaleCommunity.com)

**Neighborhood Maintenance:** Report issues, or ask about neighborhood projects and upkeep.

**Rules & Dues:** Get clarity on HOA fees, covenants, restrictions, and submit forms for approvals.

**Community & Events:** Connect with neighbors, volunteer, share feedback, or join activities.

**Safety & Support:** Raise concerns about safety, security, or neighborhood well-being.

**Follow Us ONLINE at**  
[TheExchangeOmaha.com/HEART](https://TheExchangeOmaha.com/HEART)



### NEW YEAR HOME GOALS

January is a great time to review home projects and set goals for the year. Make a list of repairs, upgrades, or maintenance tasks you want to tackle. Planning now helps you stay organized and save time later.

[Find out more here!](#)

### REFRESH YOUR HOME

Prevent frozen pipes and leaks during cold months. Insulate exposed pipes, keep a slow drip during extreme cold, and check water heaters. A small check now avoids costly repairs later.

[Click here for organizing tips!](#)

### PLAN WINTER OUTDOOR FUN

Even in cold weather, enjoy time outside safely. Try short hikes, neighborhood walks, or outdoor games with family. Fresh air and activity boost health and keep everyone energized in winter.

[Skate here for fun winter activities!](#)